

Danville Golf Club Rules and Regulations

FITNESS CENTER GENERAL RULES

1. Use of the Fitness Center is limited to Members of the Danville Golf Club, their Children, and registered Guests. The Club guest policy applies to the Fitness Center. All Members must register Guests. Guest Fees apply.
2. All Members and Guests must sign in prior to using the center.
3. Members and Guests are using the Fitness Center at their own risk. The Club is not responsible for any injuries resulting to members or Guests due to any activity carried on in the Fitness Center.
4. All concerns, equipment malfunctions and maintenance needs should be reported to the Club manager.
5. No food or drinks allowed in the Fitness Center with the exception of water bottles, Gatorade, etc.
6. No smoking anywhere in the Fitness Center including the hallway.
7. Please do not remove weights or other equipment from the Fitness Center.
8. Towels are available for everyone exercising. Please dispose of the used towels in the designated bin.
9. Please limit use of one piece of equipment to 30 minutes if a Member/Guest is waiting to use that piece of equipment. If a Member/Guest is waiting for the weight equipment, individuals should allow others to “work in” between sets.
10. Children under 14 need supervision by an adult.
11. Always clean up when finished using the Fitness Center. Please return all equipment to its original location when you are finished with it. Machines must be wiped off and sanitized after each use.

GUESTS

1. Members are responsible for informing their Guests of the Fitness Center Rules and Regulations and are responsible for their Guest’s behavior.
2. Members must sign in their guests (either in book or with administrative assistant).
3. A Member must accompany all Guests.
4. Guest fees will be charged for the use of the Fitness Center. The Member’s Club account will be billed the guest fee which is:
Ages 20 & Under..... \$7/per guest Ages 21 & Over..... \$7